



# AFC Sudbury Academy

**Official Match Day Programme 2018/19**



**AFC Sudbury vs Kings Lynn Town Reserves**  
**Saturday 2nd February 2019**  
**KO 15:00**



## ***Welcome to AFC Sudbury***

We would like to welcome the players, officials and supporters of **Kings Lynn Town** to the *Kings Marsh Stadium*, home of AFC Sudbury Academy.

We hope you enjoy our hospitality and have a safe journey home. Players, officials and supporters please feel free to use the Kitchen and Bar Area in the main stadium for all your refreshment needs.

We also extend a warm welcome to today's match officials:

**Referee** Emily Heaslip

**Assistants** Adrain Copsey & Ian Friend

Enjoy the game!



**This fixture is the first time the two sides have met this season, with the return fixture being in late March.**

This 2018/19 season is our forth year of operation and all the staff are determined as ever to replicate the previous years individual and team successes.

AFC Sudbury Supporters and volunteers are among the best in football and we thank you in advance for the continued support you give to all our young players.



## **Danny Laws, Academy Director**

*Danny has over 20 years of experience in youth development and a track record of nurturing young footballers through to first team level and beyond that is second to none in the region. The pioneer of the West Suffolk College and Needham Market FC football Academies, he is now at the forefront of Sudbury's Academy. He is a holder of the UEFA Advanced Coaching Licence.*



## **Craig Power, Head of Academy Recruitment / Player Development**

*Previously part of Melford and Sudbury's youth setups, Craig is a holder of the UEFA B Coaching Licence. He has a wealth of experience for a younger coach, having run youth and schoolboy teams for a number of years. He has an excellent manner with the young players and is a very popular member of staff.*



## **Gavin Peters, Coach / Head of Academy Sponsorship**

*Joining in 2016, Gavin is an FA Level 3 Qualified coach and works as a full time P.E Instructor. He's been a successful official at Hadleigh United and Woodbridge Town F.C, and won the Suffolk F.A 'Outstanding Contribution to Community Youth Football' award in the 2014/2015 season.*



## **Mike Ford, Head Of Academy Rehabilitation / Kit Manager**

*Fordy has many years' experience covering various roles in football, including manager, assistant manager, injury therapist and at full time professional clubs scouting youth talent and 1st team opposition . Prior to re-joining AFC, he was youth development manager at Halstead Town. He currently works for the*



## **David Cannon, Coach / Head of Education and Compliance**

*Dave is a qualified teacher for 15 years, and is the head coach of the Reserves. He has a proven track record of spotting and recruiting talent as well as the organisation skills needed for running a development team. He holds the FA Level 3 Coaching award as well as the Youth Module 1.*



## **Louis Hrebeniak, Goalkeeping Coach / Community Manager**

*Louis joined AFC Sudbury in 2018 and provides specialist coaching for the club's youth, EJA and Academy goalkeepers. He holds both the Outfield and Goalkeeping FA Level 2 coaching awards and has experience working for Cambridge United, Tottenham Hotspur Ladies & Suffolk FA. Louis is also responsible for overseeing the club's 'Football in the Community' department.*



## **Brian Swift, Sports Therapist**

*Joined as the club's Head Sports Injury Therapist at the start of the 2014/15 season. A well-respected man in medical terms throughout Suffolk and Essex and has considerable experience of coaching and managing. He had thirteen seasons with the Colchester United Centre of Excellence, also ten seasons at the Colne Football Academy. He is currently an FA Medical Tutor.*



## **Paul Appleby, Educational Consultant**

*Paul is a qualified teacher who has over 20 years experience of delivering and assessing BTEC Sports Qualifications. He supports the staff on the education element of the program with the delivery and assessment of all the units. Paul also runs the AFC Sudbury Apprenticeship program with sports organisations throughout Suffolk and Essex.*

## ***Kings Lynn Town Reserves History***

Before the demise of King's Lynn F.C. in November 2009, the Reserves played in the Eastern Counties League Premier Division. The Club was re-formed as King's Lynn Town F.C. for the 2010/11 Season.

The Reserves have been extremely successful by winning the United Counties Reserve League Division 2 in season 2010/11 and the U.C.L. Reserves League Division 1 in season 2011/2012. Cup glory eluded them, in the same season, as they failed to win in the finals of the Reserve Supplementary Cup & the Reserve KO Cup .

For the season 2012/13 they transferred to the Peterborough & District League where they were placed into Division one. They gained promotion in their first season, winning 20 out of their 28 games gaining promotion to the Premier Division, level 7 of the National League Pyramid, for the season 2013/14. They again gained promotion as league winners of the Premier League after a 17 game unbeaten run, to pip Netherton United to the title. Netherton gained a degree of revenge in beating Lynn in an 11-10 penalty shoot-out to win the Presidents shield.

After a successful application they moved back to the Eastern Counties League First Division for season 2014/15, level 6 of the National League Pyramid. Having had a very successful season, they finished in 5<sup>th</sup> position. In another very successful 2015/16 season, they once again achieved a 5<sup>th</sup> place finish.

In the 2016/17 season, although finishing in 10<sup>th</sup> position, the Team won the First Division K.O. Cup in a hard fought Final against Wisbech St. Mary. In the 2017/18 Season the Young Linnets achieved a Creditable 6<sup>th</sup> position in the Eastern Counties League First Division.

The Reserve team priority as always is to try and blood youngsters into the first team, over recent seasons many of the younger players have been given an opportunity with the first team, who play at Level 3 of the National League Pyramid. It is hoped the development process of young players will continue and grow, therefore adding to the playing squad of the Club.

**Managers**

Neil Fryatt & Adam Seal

**Players**

Harry Baldry  
Freddie Collison  
Charlie Congreve  
Nathan Daw  
Aydin Duran  
Joseph Gascoigne  
Lewis Gibson  
Owen Gilbert  
Luke Johnson  
Liam Mitchell  
Jack Noble  
Harry Paul  
Charlie Rudland  
Kieren Shipp  
Kyrán Stannard  
Joe Owen Taylor  
Joseph Taylor  
Emre Upston  
Kieron Wingfield



## ***Kings Lynn Town Reserves Player Profiles***

### **Harry Baldry (Midfield d.o.b. 20-09-98):**

Harry released by Peterborough Under 21 in the Summer of 2017, is an exciting young Midfield Player who can see a good pass. Moved to King's Lynn Town, in October 2017, after a short spell with Wisbech Town.

### **Freddie Collison (Defender d.o.b.05-09-01):**

At a very Young Age, Freddie is unflustered in Defence and is looking a very good prospect for the future and is also a Member of the Club's Youth Team.

### **Charlie Congreve (Goalkeeper d.o.b. 01-05-99):**

Charlie has been through the Club's Youth System and is a young competent Goalkeeper who is making great strides in his knowledge between the Uprights.

### **Nathan Daw (Utility Player d.o.b. 27-10-94):**

Nathan is a versatile Utility Player, who has been with the Club for several years having come through the Club's Youth System, performs well in defence or attack. Is always eager to get into the box and have a shot on target.

### **Joseph Gascoigne (Midfield d.o.b. 30-11-01):**

Joseph is a very talented young midfield player who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

### **Lewis Gibson (Left Sided Player d.o.b. 17-02-97):**

A versatile Player, who performs well in any position down the left of the pitch, had left the Club for a Season but is back after gaining experience with other Clubs.

### **Owen Gilbert (Defender d.o.b. 08-11-01):**

For his age, Owen is a very experienced Defender. Released from Peterborough United Academy in the Summer of 2018, he wishes to use his experience gained as a Youth to push forward into a Higher Level of Non League Football.

### **Luke Johnson (Midfield d.o.b. 04-06-02):**

Luke is another talented young midfield player who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves. He is following in his Father's footsteps in playing for his home town Club.

### **Liam Mitchell (Defender d.o.b. 19-08-02):**

Liam is learning his trade as a defender and has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

### **Jack Noble (Defender / Midfield d.o.b. 31-08-99):**

Jack has developed through the Club's Youth Team. A strong young right back, originally played on the right wing in his early career. He has established himself in the Reserve Team in recent seasons and is making good progress in his development.

### **Charlie Rudland (Striker 14-12-00):**

A young talented Player, having come through the ranks of King's Lynn Community Football, Charlie has progressed well in his development at the Club's Youth Team and now progressing to the next footballing level with the Reserve Team..

### **Kieren Shipp (Defender d.o.b. 31-12-98):**

A versatile young Defender, with a lot of potential, who has progressed through King's Lynn Town Youth. He achieved County Honours playing for Norfolk County Under 18 team 2016/17 season and Captained the successful Norfolk County Under 18 team who won the Eastern Counties F.A. Youth League in April 2017.

Kieren wishes to play at a Higher Level.

### **Kyran Stannard (Midfield / Defender d.o.b. 15-12-95):**

Kyran, who has been with the Club's Reserves for several years, is a strong young player with a good determined attitude and is a good distributor of the ball.

### **Joe Owen Taylor (Midfield d.o.b. 18-04-02):**

A young Player who is developing quickly as a robust midfield player, who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

### **Joseph Taylor (Striker d.o.b. 18-11-02):**

A talented young Striker who is developing quickly having been given the opportunity to move into the Reserve Team, after progressing through King's Lynn Community Football, into the Youth Team.

### **Emre Upston (Midfield d.o.b. 09-06-2001):**

A young talented Player who can play in several positions. Having come through the ranks of King's Lynn Community Football, Emre has progressed well in his development at the Club's Youth Team and now being given an opportunity to progress in his footballing ambitions to play at the next level. He is currently in the Norfolk County Under 18 Representative Squad.

### **Kieron Wingfield (Striker d.o.b. 09-10-00):**

Kieron a strong Striker who can also help out Defensively is growing in confidence having progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

## **2015/2016:**

**Thurlow Nunn U18 South Division Champions**

**Thurlow Nunn U18 League Championship Finalists**

**Suffolk FA U18 Midweek Cup Champions**

## **2016/2017:**

**Thurlow Nunn U18 South Division Champions**

**Thurlow Nunn U18 League Championship Winners**

**Thurlow Nunn U18 League Cup Champions**

**Suffolk FA U18 Midweek Cup Champions**

## **2017/2018:**

**Thurlow Nunn U18 South Division Champions**

**Thurlow Nunn U18 League Championship Winners**

**Thurlow Nunn U18 League Cup Finalists**

**Suffolk FA U18 Midweek Cup Champions**

**ECFA U19 Invitational League Winners**

**SouthWest Soccer Club - Summer Classic U19 Champions.**

### **Sponsor an Academy player or an AFC Sudbury Academy Match**

Match-day sponsorships are available at **£50**, including match tickets, refreshments, hospitality and an advertisement.

Player sponsorships are also available for **£50** and run for the duration of the player's academy program at the club.



## Player Sponsors 2018/19 & 2019/20

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	Josh Tysoe	<i>Sponsorship Available</i>		Marcel Walker	<i>Sponsorship Available</i>
	Matt Woolridge	<i>Sponsorship Available</i>		Ben Whiteman	<i>Sponsorship Available</i>
	Sam Wright	<i>Sponsorship Available</i>			

Sponsor an AFC Sudbury Academy Player for their two year academy program for only £50.00. Please give details to Gavin Peters at [strikersltd@aol.com](mailto:strikersltd@aol.com) or an academy member of staff.

The AFC Sudbury Academy has grown from strength to strength since its inception in 2015. We are all very proud of all our individual and collective achievements to date. The environment that our staff create for our young players to develop is certainly unrivalled locally outside the professional game. AFC Sudbury benefits from a state of the art facility however it also benefits from a pool of staff that carefully plan and deliver high quality to its ever growing player base.

The 16-19 Full-Time academy is the flagship operation in the player development pathway that rests in-between our hugely successful Eastern Junior Alliance section and our senior first team. The full-time programme is for the two years that follow high school leaving age, we combine academic study with professional football coaching and a high level games schedule. These two years are highly intensive and are the power behind the success of our player development.

We value highly our 13-16 Eastern Junior Alliance section that has seen players progress into the full-time academy and indeed onto the AFC Sudbury first team as well as professional football clubs academies. The partnership with Ipswich Town Football club mutually benefits this section.

We want to make the experience for all our players as enjoyable and rewarding as possible and certainly one of the highlights is our overseas tours the full time academy have toured the USA three times and plans are already in place for the 2019 USA Tour. The Eastern Junior Alliance have toured Europe and again plans are already in place for two of the teams to tour Europe 2019 These experiences are all part of the process of developing the whole person and creating enjoyable memories for later in life.

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# AFC Sudbury Academy Squad 2018/19

Player	Number	Player	Number	Player	Number
	1	P. Mundawarara	20	J. Osbourn	39
S. Cornish	2	A. Erediauwa	21	M. Sargent	40
L. Berkane	3	G. Tatum	22	E. King	41
R. Pawinda	4	A. King	23	E. Mayhew	42
J. Grimwood	5	K. Lucraft	24		43
T. Gardiner	6	J. Renwick	25	E. Mills	44
B. Sayer	7	R. Crane	26	J. Hughes	45
I. Skubich	8		27	R. Kabangu	46
B. Altintop	9		28	M. Edwards	47
B. Hammett	10	H. Critchley	29	M. Woolridge	14
J. Buckles	11	L. Bennett	30		49
O. Gravett	12	S. Girling	31		50
B. Whitemen	13	F. King	32		51
L. Denton	14	R. Langridge	33		52
T. Maycock	15	E. Girling	34		53
A. Hanson	16	D. Hunt	35	S. Wright	54
N. Read	17	J. Horlock	36		55
M. Walker	18	L. O'Malley	37		56
J. Skillcorn	19	J. Tysoe	38		57